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EQUINE SHIATSU

BY

Clare E Austin

DIP(DIST) SES TESA(P) POST GRAD



*A natural, effective and non-invasive
therapy for both horse and rider...*

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Shiatsu is known as the Eastern form of Japanese Physiotherapy and may be simply described as acupuncture without the needles! Equine Shiatsu looks at the horse as a whole, embracing its personality, behaviour and physical and emotional stress on a day to day basis - rather than concentrating on a specific area of concern.

Alongside Equine Shiatsu, I can also provide Relaxation Shiatsu for the rider. This complementary therapy has been shown to help with any areas of tightness, stiffness and tension that the rider may be experiencing which, as we all know, can be unknowingly transmitted to the horse.

If the rider is relaxed and the horses energy is balanced it makes for a good start to the perfect partnership!

**PLEASE CONTACT ME SO WE CAN DISCUSS HOW
EQUINE SHIATSU MAY HELP YOU AND YOUR HORSE**

Please Note

- * Equine Shiatsu is an alternative therapy and is not intended to be a substitute for any Veterinary advice or treatment.
- * No appointment can be undertaken without prior approval from your Vet as I work in accordance with the 1966 Veterinary Surgeons Act

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Registered with and Member of The Equine Shiatsu Association
Fully Insured